



# Annual Report

Jeevandhara Samaj Kalyan Sanstha

Lalsot Road Dausa, Rajasthan-303303

**Prerna-IND-76278**

**August 2022-July 2023**



**Manos Unidas**

# *ANNUAL REPORT*

**August 2022 – July 2023**

**BY**

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**KALYAN SANSTHA**

**JAIPUR, RAJASTHAN**

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# FIRST YEAR PROGRESS REPORT FROM AUGUST- 2022 TO JULY- 2023.

Man becomes great exactly in the degree in which he works for the welfare of his fellow men.

~Mahatma Gandhi

As the calendar revealed a new year, Jeevandhara successfully completed 12 months of creating opportunities, self-belief, and hope. Through our humble attempts at making our world a better one, while constantly learning about it, Jeevandhara continues its journey 2022-2023.

We are glad to present to you the first year annual progress report of Prerna project-IND-76278, kind sanctioned by Manos Unidas from the period of August 2022 – July 2023 highlighting the impact of the project carried out during the year for the victimized women for economic self –reliance and dignified social life in the ten villages of Jaipur district of Rajasthan.

## Introduction

This project is planned to develop the skill and capacitate the victimized and deprived rural women of the targeted area. These women and girls are deprived of their rights from their community and often become the victims of domestic violence and manipulated by the upper cast community/aristocracy class in the region as they are very vulnerable. As these lower cast community women are dependent on them and their husbands for their livelihood. They are engaged in household works, daily wages, agriculture, and animal rearing. To contradict these issues, we have to intervene in their capacity building, awareness and knowledge expansion, skill training, promotion of education, and health to bring this deprived these poor rural women into the mainstream of development boosting their self confidence level and self esteem, make them strong enough to attain their rights with dignity. Life isn't about waiting for the storm to pass, it's about learning to dance in the rain". This was very true with Prerna project. Every activity that was conducted by this project was very useful to ladies and girls, everyone benefitted from it and cooperated with the programs. This project brought a ray of light to people of Jaipur district.

## TARGET GROUP

The 35 target groups/ 300 direct beneficiaries are involved in the project activities and we have achieved 35 groups/ 284 direct beneficiaries are motivated to avail proper benefits under project.

### Indirect Beneficiaries:

The families of the direct beneficiaries will definitely get benefitted from our different growth oriented programs throughout the year in the aspect of socio and economical change, learning opportunities, motivational change, behavior and psychological changes.



**PROJECT GOAL:** “Victimized women to be economically self-reliant and lead a dignified, free of domestic violence in the district of Jaipur.”

## PROJECT OBJECTIVES

1. To provide institutional space for **300** women to discuss, debate and solve their issues affecting their lives by forming Young women Entrepreneurs Association.
2. To help them become knowledgeable in legal provisions/laws and government mechanism for free legal aid.
3. To enable the women to heal their psychological wounds, understand their potentials and ability to take life changing decisions through professional counseling and peer support.
4. To help them to lead a healthy life by having access too timely health care.
5. To enable 300 women to have regular, adequate and sustained income from their preferred economic activity with market linkages and initial startup for sustained income.

## RESULTS/OUTPUTS:

R.1. Formation of Young Women Entrepreneurs groups/formation of women groups enhanced the capacity of the group leaders to lead the groups and learning skills of the target groups, to sort out issues affecting their lives.

R.2. Formed groups will be trained on vocational training, Mahila groups have learned the new skills, becoming self-reliant, and acquired knowledge on legal rights. Indirect family members will also be benefitted from the training.

R.3. Groups are aware on Health and Hygiene, how to tackle the problems, Groups will be well informed and Updated on welfare schemes, medical insurance and timely medical support for advanced illness.

R.4. Women groups take personal interest in regular and professional counselling, and are healed from their inner wounds and struggles of domestic violence. Victimized women were motivate to face the challenges of life.

R.5 women groups will be trained for income generation, through groups women increased their savings, and became aware of the marketing system.

**R.1. Formation of Young Women Entrepreneurs groups/formation of a women group enhanced the capacity of the group leaders to lead the groups and learning skills of the target groups, to sort out issues affecting their lives.**

### **A.1.1: VILLAGE WISE ORIENTATION PROGRAM AND IDENTIFICATION OF GROUP MEMBERS BASELINE SURVEY/ FIELD ORIENTATION**

Baseline survey was conducted in 10 targeted villages of four Panchayat of Project areas, in order to collect the needed information and background of the victimized women in details to implement the project in a successful way. The people cooperated with the program and we could complete it successfully.





### A.1.2: LAUNCHING OF THE PROJECT



The program was launched on 1<sup>st</sup> August 2022, at Bhawinikhud village in Bhawini panchayat, with program introduction and orientation to the villagers about the goal and objectives of PRERNA project. During the program orientation: main thrust was given on identification and meeting with the stakeholders and Rapport building. Along with these activities, meeting with the Gram Pradhan of each village was done. This will ease our task to attain the vision of the Project. The program was celebrated with great enthusiasm and zeal. At the end of the program refreshment was given to the people who participated for the program.



### A.1:3.CAPACITY BUILDING OF PROJECT STAFF

As per the requirement of the project, 2 Days Capacity Building program was conducted for the project staff on various aspects of the project focusing on the Goal and purpose of the project: A program implementer, two field implementers cum skill instructors & one part-time accountant were participated and they were capacitated on the project goal and objectives The role



of a leader etc. Mr. Vaibhav the State coordinator from Caritas India was the resource person for the training. During the program: main thrust was given on identification and meeting with the stakeholders and Rapport building with the community. Along with these activities,

meeting with the Gram Pradhan's of each village was done. This will ease our task to attain the vision of the Project.



He explained to the staff that, as a social worker it's very important to make good rapport with the society, and the people. Project life cycle like, project Review, Project definition, monitoring and, detailed planning, execution, and project closure. The

possibility of working in the same area with different plan and vision. . He really motivated the staff with many practical knowledge such as reporting, documentation, and updating of social activities. Leadership and communication. Team work and leadership. Building trust with the team. Concept of facilitation Skill, Basic principles and values of facilitation skills.



## A.1.4: DOCUMENTARY FILM SHOW ON SANITATION, HYGIENE & CIVIL RIGHTS FOR WOMEN:

Under this activity 7 trainings were organized in the village level. The main purpose of the program was to give awareness to the women on health, hygiene, sanitation and Civil Rights. The participatory methodology was used in the training program to bring more clarity among the participants.

Topic covered on the secession include:-

1. Legal Rights of women,
2. Sanitation,
3. Hygiene

The Film showed on Women's Legal Rights and responsibilities. We live in a world where goddesses are worshiped and women get tamed, harassed, abused, raped, and kidnapped every single day. The



program really motivated the women to know more about their freedom and rights. The major objectives of the trainings were to increase awareness among women on civil rights,

Hygiene and sanitation. How to fight back against social evils that takes place in their area. The film on Hygiene benefited them to learn more on sanitation and hygiene. They learned that, many diseases and conditions can be prevented or controlled through appropriate personal hygiene and by regularly washing parts of the body and hair with soap and water. The women took a resolution to keep their family, surrounding, and children neat and clean. They said that, they will teach their children the importance personal hygiene and sanitation. 340 women participated for the training

and gained knowledge on civil rights, hygiene and sanitation.

The women learned the importance of knowing their Rights and using it when in need, and on sanitation and Hygiene, the need of keeping themselves, surrounding and villages clean and neat.

They really took active part in the trainings and made it a successful one.



### ***A.1.5: WORKSHOP ON THE PROCEEDURES FOR APPLYING FOR SOCIAL SECURITY SCHEMES (INCLUDING PDS) WITH THE TARGET ELIGIBLE HHS***

This training was organized in the ten villages of Project field. Mr. Nathu Lal was the resource person for the workshop. The main topic of the program was on workshop on the procedures for applying social security schemes. The participatory methodology was used to bring more clarity among the participants. **The main motive of the training was is to sensitize the women about procedure for applying social security schemes available for them.**

Mr.Nathu the resource person gave his secession on different social security schemes such as,

- Mukhya Mantri Vishesh Yogyajan Samman Pension Yojana.
- Atal Pension Yojana.
- Pradhan Mantri Suraksha Bima Yojana.
- Pradhan Mantri Jeevan Jyoti Yojana.
- Old age and widow pension schemes
- Specially abled pension schemes,
- Indira Gandhi National Old Age Pension Scheme etc

The resource person specially gave secession on Rajasthan social security pension schemes and the eligibility for applying. He told them about the Documents needed for applying for different schemes. 268 women from ten villages participated for the training.



**Result:** This program helped the women to learn about Social security schemes available for them and what are the procedures need to apply.



## A1.6. TRAINING ON RTI

Training on RTI was organized in Dantili village. The main topics of the program was Right to Information (RTI). The participatory method was used to bring more clarity among the participants.

The resource person Mr. Jagadish Prajapati, explained to the women the objectives of the act,

Right to Information. He said, that, the basic object of the Right to Information Act is to empower the citizens, promote transparency and accountability in the working of the Government, contain corruption, and make our democracy work for the people in real sense. It goes without saying that an informed citizen is better equipped to keep necessary vigil on the instruments of governance and make the government more accountable to the governed. The Act is a big step towards making the citizens informed about the activities of the Government.

Under the Right to Information Act 2005, Every Indian citizen has full right to demand any information from the government if he/she desires to do so.

He also explained to them the procedures of applying for RTI, such as one can seek information under RTI Act- 2005 from any Public Authority (government organization or government aided organization). Application can be handwritten or typed. Application should be submit in English, Hindi or in the official language of the area in which the application is made.

He told the women that all of us can have the right to get the information from the government connected to any public issues. He said, subject to the provision of this act all citizen have the right to information.

### **Request for obtaining information.—**

A person, who desires to obtain any information under this Act, shall make a request in writing or through electronic means in English or Hindi or in the official language of the area in which the



application is being made.

The resource person explained to the women the rules of RTI, in their own local and simple language, which helped the women to understand in a better way. 50 women participated for the training.



**R: 2. Formed groups will be trained on vocational training, Mahila groups have learned the new skills, becoming self-reliant, and acquired knowledge on legal rights. Indirect family members will also be benefitted from the training.**

### **A.2.1. TRAINING ON ENTITLEMENTS AND RIGHTS FOR WOMEN**

To aware the target groups about the rights, entitlements, rights and welfare scheme various Pension schemes of central & State govt were also introduced in order to spread awareness about the Govt. Welfare schemes. List of Documents, Entitlement of beneficiaries, Rights to approach as well

MNREGA etc. Three trainings were conducted in different villages and 120 women were capacitated. They were also enlightened on different laws and benefits.

Resource person Mrs. Neelam Sharma started the Session with the topic of fundamental rights. She explained about what is fundamental i.e. Right to birth, Right to education, right to equality, right to freedom, Right against exploitation in a simple way and with examples so that they can understand easily.

After that she talked about the domestic violence. To aware and sensitize the women resource person explained about what is domestic violence and its forms and how does it take place. Also she said that many people do not recognize them self as victim or abuser because they consider their experience as family conflict. So it is very important for the people to understand about the violence. After that she explained about the legal rights and penalty for the family violence.



The resource person Advocate Mrs. Neelima Sharma advised the women to save the girl child, and should not show any gender differences. She advised the mother in - laws to treat their daughter in-laws like their own daughters, so that they can ignore many misunderstanding of the family, and in the same way the resource person told the daughter to consider and love the in-laws and their families as their own parents and family members.

**Result: The women were very active for the program. They were very much interested to know more about the laws facilities that is available for the poor women.**



**R.3. Women are aware of Health and Hygiene, how to tackle the problems, women groups will be well informed and Updated on welfare schemes, medical insurance and timely medical support for advanced illness.**

### **A.3.1. AWARENESS ON HEALTH, HYGIENE AND NUTRITION**

To aware the target groups on the health services provided by the government department, 5 training programs were conducted and 152 women were capacitated. They were also enlightened on the different health schemes implemented by the Central and State governments and insisted to enroll their names for availing the benefits. They were emphasized on the consumption of a nutritious balanced diet which is the major factor for the promotion of health which is neglected by them due to



household workload and family care. Participants were sensitized on the importance of proper sanitation at home and village. Ensuring clean and functional toilets, hand wash practices, measures for clean and safe drinking water, cleanliness of the body and proper waste management were the main topics of the training. We have taken sessions on different health related services rendered by the health department for routine immunization of adolescent girls, women and newborn. They have enlightened with the different vaccines to get immunized and its schedule. Women have understood the importance of vaccination and they are taking precaution and advices given by the health workers during the sickness.



**RESULT: Groups are aware on Health and Hygiene, how to tackle the problems, Groups will be well informed and Updated on welfare schemes.**

### **A.3.2. INTERNATIONAL WOMEN'S DAY CELEBRATION**

Theme for International women's Day: "Digit ALL: Innovation and technology for gender equality "Embrace Equity.

Jeevandhara Samaj Kalyan Sanstha, Dausa (JSKS) Celebrated International Women's Day on 10<sup>th</sup> of March, 2023. Sh. Qummer UL Zaman Choudhary (IAS) District collector, Dausa as a Chief Guest and Most. Rev. Oswald Lewis, Bishop of Jaipur Diocese (Guest of honour), Fr. Lakwin Fernando (Director of JSKS) Mr. Sashi Ranjan (Zonal Manager, Indian Bank), the



Principal and staff of St. Mary's Senior secondary school together with JSKS staff were present on the occasion.

Women's day celebration had its start from Mela Maidan, Dausa with the flag off by Bishop of Jaipur followed by the rally. More than 1000 women from our Project area (Jaipur & Dausa District) took active part in the rally. Rally began from Mela Maidan, Dausa and reached Satnarayan Garden,

Gupteshwar road, Dausa for the further programme. At the venue Sr. Benitta FSLG welcomed the guests on the occasion. Programme began with the lighting of the lamp and prayer song. Programme Manager Mr. Manish Kumar Lal briefed the guests and the gathering on the works of the organization



and various projects which are helping the various groups of the community.

Dausa collector in his talk addressing the women spoke of value addition in agriculture and agricultural produce. He added that women and farmers need to give value addition to the crops like *bajra* by grading them and packaging and then selling in the market, as it is sold well and gives better income than just selling them loose. He mentioned that with the help of technology every woman can learn something more and add value to the skills that they have. He also spoke about Self Help Groups (SHG) and to do small business with the help of various government departments. He also explained on how government has various schemes for the development of the women and farmers. He encouraged the women to work hard and grab the opportunity of JSKS have given by this project intervention and making the resources available for the under privileged women and girls.

Most. Rev. Oswald Lewis, (Bishop of Jaipur Diocese) in his address stated that women must take active participation in all activities of the projects. They must improve their life by getting the benefit from the projects. He added that Women are powerful to bring any changes in the society.

Mrs. Salini Bhadoriya (Advocate Rajasthan High Court) talked about women empowerment and rights of the women. She said that every women should know their rights and to stand for the rights. We had the cultural programme which motivated all the women to unite themselves to bring



changes in the society. The celebration ended with the words of gratitude expressed by Fr. Lakwin (Director of JSKS). He thanked everyone for their great support to make this event as a memorable one. The programme was concluded with National Anthem and followed by distribution of the lunch box to the participants. With that the International Women's Day celebration came to an end.



**R.4. Women groups take personal interest in regular and professional counseling, and are healed from their inner wounds and struggles of domestic violence. Victimized women were motivated to face the challenges of life.**

#### **A.4.1. COUNSELLING TO VITIMIZED WOMEN**

The counseling section serves women of all ages, races, and socioeconomic backgrounds who have experienced any form of violence, including physical, sexual, emotional, and financial abuse.

We organized counseling sections for the victimized in 10 villages of project area. The counselor Mrs. Santosh spoke to the women on counseling, she said that, counseling is a talking therapy that encourages people to address the issue they are facing with an eventual goal to overcome the problem. This counselling secessions really helped the women to



share their problems, emotions and feelings freely. They expressed that, they got relief of their stress, felt happy for being there. They were encouraged by the thought provoking words of Sr. Benitta. She motivated and encouraged the women to be freer and be happy in life.

#### **RESULT**

The counselling section has helped many women to rebuild their lives after experiencing violence. Women who have received counselling have reported feeling more confident, empowered, and able to cope with the challenges they face. They have also reported feeling more connected to their community and more hopeful about the future.



## CONCLUSION

The counselling section for victimized women is an essential resource for women who have experienced violence. The section provides a safe and supportive environment where women can heal from the trauma of violence and rebuild their lives. They expressed their words of gratitude to Perna team and especially to Manos Unidas for providing this opportunity to them. And they are grateful to Jeevandhara for implementing this project in their area.



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## A.4.2.WORKSHOP ON GRAMSABHA AT PANCHAYAT LEVEL

Prerna team organized 3 workshops for the women in panchayath level on Gramsabha. Meeting began with a prayer song by the women. A self-introduction was given by the women, which helped them to increase their confidence to attend the meeting with free mind.



Mr. Shivcharan the resource person for the workshop explained to the women on the importance of Gramsabha and how many times Gram Sabha need to be conducted in a year.

### Main points for the section:

He said, there shall be two or four Gram sabha in a year and once in a month, and the citizens who are above eighteen can be the member of the Gram Sabha. And who are living in the village and whose names are included in the electoral rolls for the Panchayat at the village level.

Resource person told the women about the purpose the need of taking part in Gram Sabha.

In the Gram Panchayat, various issues are discussed like,

- Social issues
- Water problem
- BPL benefits
- Tracking misuse of money, and
- The undue favor done to a group of people

The Sarpanch and gram Panchayat are responsible for the overall development of the village and play a

key role in providing basic services for the health and well-being of rural people, like, drinking water and, road, health centers, anganwadies, and sanitation etc.

Mr.Shivcharan the resource of the training advised the women to take active part in Gram Sabha Meetings, and present their problems to the members.

Have a clear agenda: The meeting should have a clear agenda so that women know what to expect. Some topics such as: violence against women, health and nutrition, women's representation in



decision making etc. Encouraged all women to participate in the meeting and to share their thoughts and ideas. Women clarified all their doubts with the resource person.

**Result: Women actively participated in the workshop, and they learned the importance of Gram Sabha and the need of taking active Part in Gram Sabha meetings.**

#### **A.4.3. TRAINING IN ENTREPRENEURSHIP & LIFE SKILL.**

It is very saddening that adolescent girls and women of the target community are without any confidence and positivity and are too scared to take a very small step in their life to grow.

Life skill is needed to live a happy and positive life and to live a happy life is an art. It is an individual's ability to lead a peaceful life. All are unique and each has got her own talents which others don't have.

Two trainings were organized and 71 women & girls from the targeted area benefited from this training. Women were comprehensively described of basic skills acquired through learning by different experience of life enabling them to effectively handle issues and problems commonly



encountered in daily life which include creativity, critical thinking problem-solving, decision-making, the ability to communicate and collaborate, along with personal and social responsibility that contribute to good human being needed for both healthy societies and for successful and productive individuals. Mr. Shivcharan explained to the women the

importance of knowing

the skills to better build up life and relationship. Having a positive attitude to life enables us to keep our mind in a peace. He also told the girls about patience, humility, hard work in life to make one's life a better one. Women liked the training for they got to learn so many things about life and the skill to live it.

**Result: These training helped to inculcate the resistance against depression, low feeling, uneasy decision making & awkward conversations.**

**R.5. women groups will be trained for income generation, through groups women increased their savings, and became aware of the marketing system.**

### **A.5.1.FORMATION OF SELF HELP GROUP(SHG)**

Women Groups/Self Help Groups were formed during the reporting period which consists of 288 members. These groups were given skill training to enhance the Livelihood status of these women as this section of the society is suppressed and deprived about their rights as they have nothing to share in decision making of the family. Confidence building, capacitating, motivating and source of income generation were the main elements which were discussed and worked during this time span. 355 women groups were trained and capacitated on the proper functioning of the formed group and carry out monthly meetings with proper documentation and address the groups on various issues of adolescent girls such as education, skill development and guiding them in the right direction of empowerment. The trained beneficiaries are engaged in executing their roles and responsibilities as a leader towards their groups and managing the routine monthly meetings and documenting the same.



- **TOTAL SHG'S:28**
- **TOTAL SHG MEMBERS:355**
- **TOTAL SAVINGS OF THE SHG – 489,668.00**





### **A.5.2.SKILL TRAINING IN TWO VILLAGES ON TAILORING**

To develop the skills of the adolescent girls and women, training on tailoring and stitching have been initiated. We have completed two centers in two villages, courses duration is 3 months. 45women & few girls from the target villages benefitted from these tailoring centers and became skilled which has given them opportunity to earn some livelihood by stitching clothes and altering dresses. We have completed 2 batches in the reporting period. Some are engaged in their house hold works and stitching clothes and raising some earnings for their family needs and thus becoming economically empowered. There were no such resources in the village to learn the skill and JSKS has become a channel in availing the resources and they are very grateful to the organization for selecting their village for the development needs, especially for the women and adolescent girls.



### **A.5.3.SKILL TRAINING ON INCENSE MAKING**

Skill training on Incense making was conducted for women of the target villages, and they have attained the skill and become trained in this trade. Two batches were formed, and 10 days training were given.40 women and few girls were benefited from this skill trade. The trainees have been mobilized to carry out the work they have learnt, and few beneficiaries are making efforts and engaging themselves for some income.



Women learned the basic process of making incense and gained the skills they need to create their own unique incense blends. They also learned about the different types of raw materials that can be used and the different ways to use incense.

**Result:** Overall, the women enjoyed the training and learned a lot about incense making. They are now able to create their own unique incense blends that they can enjoy.



### **A.5.4.SKILL TRAINING ON MAT MAKING**

A ten days training on mat making was organized in the targeted area. Women from the Prerna project field joined for the program. The training began by invoking the blessings of the Lord. Along with women some of the girls really made a request to learn this training, so the girls also joined for the training. The trainer explained, the training procedures, stages of the training, and the process. She made the women to understand the quality of learning, practicing and the important of marketing. The ways and means of marketing. Women and girls were very active and very actively participated for

the training and each one took self-interest to learn every item that is taught.

They used jute to make mats, and other handicraft items also made with jute. Like jute mat, wall decorations with jute. **“A successful woman is she who never gave up on the journey of success.”** This was very true with women, the women young and aged took real interest to learn.



Women thanked JSKS team and very especially

**Manos Unidas** for helping them to learn different skill trainings which will help them to sustain their lives. Instructors have descriptively taught the techniques and craft for designing handicraft articles have been developed with practical knowledge of the trainees. They have an exposure to the market for purchasing the raw material in wholesale rates to initiate their own small setup for production. The trainees have been mobilized to carry out the work they have learnt, and few beneficiaries are making efforts and engaging themselves for some income.

**Result:** Mat making is a skill that can be learned by anyone. The trained women and girls feel privileged that they got the opportunity to learn different kinds of craft work.



### **A.5.5.SKILL TRAINING ON GOAT REARING**

5 days training on goat rearing was organized in project area, by Jeevandhara. Women from targeted area took part in the training. The main points discussed were Vaccination and De-worming

1. Vaccination of the Insured Goats
2. Different sickness and their treatment

### 3. Animal fodder

1. Quality of the animal: - Quality of the animal is very important to get quantity of milk. He taught them how to change the quality of the animals. When to cross the animal and what are the signs to be observed before taking the animal for crossing.



2. Balanced diet: - Animals should be given time to time clean and healthy food as per their need. Don't over feed the animals that they fall sick. Overfeeding doesn't fetch more milk. He explained to them what food to be given and when.



3. Sickness and its treatment: - He explained various sickness of the animals and how to treat them. With the help of the photos.

4. Milk: - Whether the animal is of good quality or not if it is taken care well it will give milk as per its ability. Animals are not a waste as long as they are alive.

He told them as the weather changes the animals should be given worms medicine. One spoon of turmeric powder mix in one bucket of water make the goats, buffaloes and other animals to drink. Vaccinations should be given as and when it is needed. De-worming and vaccination are the most important aspects of animal rearing. "Stitch in time saves nine" Salt brick and preparation of calcium water are the some of the other things he included in the class.

5. Cleaning the cowshed: - Urine of the animals should not get stagnated, no to make a concrete floor for the shed, Door to be to the east and smoke the shed once in a way with the Neem leaves. At the end of the training De- worm tablets were distributed to the women.

**RESULT:** This goat rearing training was a valuable experience for women. They learned a lot about the different aspects of goat farming, and they are confident that they can use this knowledge to start their own goat farming. They thanked the trainer for his excellent instruction. They also expressed their gratitude to Prerna team for organizing the training in the project area.





### **A.5.6:EXPOSURE TO THE SUCCESSFUL IGA UNIT ON MARKETING**

#### **Exposure program to Maitree Mahila Mandal, Dooni, Tonk.**

As in Rajasthan women are more engaged in goat & buffalo rearing an exposure program was organized for them. The field coordinator Mr.Shivcharan explained to the women the work of Maitree Mahila Mandal and the different income generating program.

The main work they are doing is the goat & buffalo rearing. One of the federation members of that programme explained to the ladies in detail about the benefits of buffalo rearing. After the class they took the group to the place of their work. It was very informative and interesting to see how they take care of the goats & buffalos. They also showed the dairy farm and diary plant which is managing by the SHG women. It was very educational. The sharing and life experience of Maitree Mahila mandal really touched the heart of many women, as it is said *“Where there’s a will there’s way”*.

We were also lucky to visit the holy place of Hindus ‘Baba Ramdev Mandir in Dooni Road’. All made a visit and prayed to Lord Shiva for the welfare of the people. We enjoyed songs, dances, delicious food, of course lot of fun and learning.

**RESULT:** All enjoyed the exposure and were happy that they got a lot of things to learn. Many of them got out of their village for the first time. This trip helped them to feel that there are rooms for growth and development.





## INDEPENDENCE DAY AND REPUBLIC DAY CELEBRATION

75<sup>th</sup> Independence Day & Republic Day have been celebrated on 15<sup>th</sup> August 2022 in three target villages, flag hoisting patriotic program, dances and patriotic hymens were also performed by women and girls.



## CERTIFICATE DISTRIBUTION

The trainees of tailoring who have enrolled and successfully completed their course and qualified in the theory and practical were awarded certificates having a proof of their skills which added an extra achievement in their testimonies. 40 women received certificate.





### **CASE STUDY:1**

PLACE: Bhawini

I'm Roshini Meena, belong to Ghati village. I have two brothers and my parents. My family is struggling financially, My father is a labourer, and he gets very less income to run the family. We were struggling economically. My mother and I joined the prerna project which is run by Jeevandhara.



We joined the SHG group of prerna project. And got an opportunity to learn the tailoring .My mother who is a member of the SHG group took Rs.7000/- as loan from the group and brought a tailoring machine. Now I earn 700-1000 rupees in a month. I express my gratitude to Jeevandhara and Manos Unidas for giving me a chance to use my skills for a better future.

### **CASE STUDEY-2**

*'Life' is a dream for everyone in life but to achieve it one has to work very hard, success comes only through hard work and smart work.*

My name is Maya Devi belong to Ghati village .I have two children, husband and my in-laws. My family back ground is very poor. I was very happy to know about prerna project conducted by



Jeevandhara, I joined the prerna project, and with the help of Prerna team we formed SHG group of 15 members. We started depositing rupees 200.00 per month as our saving. With the help of the women in the group I took Rs.40000/- as loan and brought one buffalo, and earning Rs.200/- every day by selling the milk. Rs.6000/- I earn as my monthly income by selling the milk.

### **SUCCESS STORY -1**

My name is Mrs. Meera Devi from Ghati village. I Have three children. My family is struggling financially. My husband goes for daily wages.He earns very little money, and he can barely afford to feed my family. The major problem of my house was there is no wash room in my house and my girl children and myself was finding difficult to do our personal needs and we had to go out to open place for toilet. I came to know about Jeevandhara, and project Prerna run by Jeevandhara. I got opportunity to become a member in their program and joined SHG group. I attended different trainings on legal and life skills. I was motivated by the programs conducted by the Prerna team. They encouraged us always saying **“You must do the things you think you cannot do”**. Their motivation encouraged me to begin my life. I took Rs.40000/- as a loan from my SHG group, all the women supported me to construct a toilet in my house ,I bought all the materials needed for the work and kept one labor for the construction then I myself did the masons work and constructed the washroom for my family. I am extremely happy that now my girl children can have privacy. They don't have to go out for washroom.



We who have to defecate in the open are at an increased risk of sexual assault. We may also be afraid to go out at night to defecate, which can limit our freedom of movement. After the construction of the toilet I started to go out for masons work and earning some income for my family. I am grateful to Prerna team for supporting me to stand on my feet.

## SUCCESS STORY-2

I'm Mamata Devi. I belong to Bassi village and a member of Meerabhai SHG group of the project Prerna. I am very poor and My husband is a daily wager. I have three girls and three boys. Life has become very difficult for me to carry on. I have stopped my children from schooling due finance issues. I was struggling in life that is the time I joined SHG group of prerna. I took Rs.4000/- as a loan from the SHG, and bought materials to start sari designing. Today I'm doing the sari designing and earning Rs.4000/- in a month. Now I can take care my children's education and live a better life.



## SUCCESS STORY-3

I'm kali Devi wife of Mr. Shambhu Bhandari from Bhawini Panchayat. I lost my husband leaving me with two children, he was addicted to alcohol. I was struggling to meet the expense of my house. I worked hard day and night to mend my children. I became the member of SHG group. After becoming the member of SHG group I learned about Goat rearing and bought the goat for Rs.25000/- I took loan from my SHG group. Today I am proud to say that I can take care of my family happily. Now I earn 5000 to Rs.25000/- per year. And I believe **“women can be whatever we believe.** **“Thanks to prerna team and Manos Unidas for bringing a ray of hope in my life and in the lives of many.**



## SUCCESS STORY-4

I'm Badham Devi from Ghati village in Dagota panchayath. My family condition is very poor, I have four children. My husband is a daily wager and goes for a job whenever he gets some work. Life has become very difficult for me. That is



the time I joined SHG group of project Prerna. I learned about different skill trainings and income generating programs, which helped me to earn some income for my family. I learned diamond work and took loan from the group and bought machine .I learned the work and started working. Today I am earning Rs.400 rupees per day Rs.12000/- in a month.

## STAFF MEETINGS:

Monthly staff meetings are organized by end of every month to evaluate, and to share the different experiences and challenges each one face in the field. During this monthly meetings we prepare the monthly reports, and action plan for the coming month, and this monthly meeting helps the staff to gain some inputs on various topics along with other project staff. This monthly meetings helps the staff to renew their ideas, to work more creative way.



## MEADIA COVERAGE:

### प्रेरणा परियोजना का उद्घाटन किया गया

सखी रिपोर्ट- आधी

आधी। क्षेत्र में सोमवार को जीवनश्रम समाज कल्याण संस्थान के द्वारा ग्राम पंचायत आधी में प्रेरणा परियोजना का उद्घाटन किया गया 7 इस उद्घाटन में प्रतिभागियों को संख्या 150 रही। परियोजना का सुधार प्रथम प्रार्थना कोडिनेटर शिवचरण शर्मा के द्वारा किया गया। संस्था निरंतरक चतुर लक्ष्य के द्वारा संस्था के बारे में जानकारी व इसके उद्देश्य के बारे में जानकारी दी। कोडिनेटर मनिष कुमार के द्वारा प्रेरणा परियोजना का लक्ष्य व उद्देश्य के बारे में बताया गया। मुख्य अतिथि आधी पंचायत समिति प्रधान भागती मीना ने महिलाओं को संस्था एवं श्रम प्रिय समाज पर जोर दिया। परियोजना का उद्घाटन प्रधान भागती मीना, पं. स. सदस्य गंगा देवी, संस्था ग्राम पंचायत सायपुर जगदीश प्रसाद, रा.उ. मा. विद्यालय प्रधानाचार्य कृष्ण शर्मा, जगदीश गुरुजी के द्वारा किया गया। कार्यक्रम की समाप्ती पर कोडिनेटर स्त्री. बेनिता द्वारा राशानन के साथ सभी का धन्यवाद किया गया। इस दौरान नाथू लाल कुमार, सुरेश चन्द कुमार मेन्का शर्मा, यशेश, प्रियंका शर्मा, लोकेश, रोशन, आरती आदि मौजूद रहे।

### महिला दिवस का आयोजन किया गया

निराल दैनिक समाचार 12 मार्च 2023

दौसा। दौसा में शुक्रवार को जीवनश्रम समाज कल्याण संस्था के द्वारा महिला दिवस का आयोजन किया गया कार्यक्रम का शुभारंभ संस्था निरंतरक फादर लैकविन व बिसप ओमकार लैकविन के द्वारा महिलाओं को रेली को हरि इच्छा देकर स्वागत किया गया। स्त्री. बेनिता के द्वारा प्रार्थना व स्वागत किया गया साथ ही मंच संवादन संतोष शर्मा व आरती प्रजापत के द्वारा किया गया। कोडिनेटर मनिष कुमार स्वागत के द्वारा संस्था में चलाने जा रही परियोजना को जानकारी दी मुख्य अतिथि दौसा कलेक्टर के द्वारा महिलाओं को आत्मनिर्भर बनाने के लिए एवं स्वयं का व्यवसाय चलाने के लिए प्रेरित किया एवं स्वयं सहायता समूह के माध्यम से अधिक स्थिति मनुवत करनी चाहिए। बिसप के द्वारा महिलाओं को महिला दिवस की शुभकामनाएँ देते हुये संस्था की गतिविधियों के साथ आगे बढ़ने की जानकारी दी। इच्छान बैंक के उप महानिदेशक द्वारा महिलाओं को बैंक से लोन लेकर छोटे छोटे कार्यों में पूरे लगाकर अपनी आवश्यकता करना है। हार्डकेट एडवोकेट शालीनी भरोनिया द्वारा महिला अधिकारों पर जोर दिया गया। समय समय पर सांस्कृतिक प्रोग्राम व शौल महिला मंच के सदस्यों को इच्छान बैंक के द्वारा पुरस्कार दिया गया। इस प्रोग्राम में शिवचरण शर्मा, नाथू लाल प्रजापत, निवेन्द्र, रोशन, सुरेश, संतोष शर्मा, संजय, मेनका, इन्द्रा दामोदर, प्रियंका, कजीलाल आदि उपस्थित रहे, अंत में जगदीश प्रजापत के द्वारा सभी का धन्यवाद किया गया।

### 2 दिवसीय अनादरवर्ती पर प्रशिक्षण दिया गया

अनादरवर्ती प्रशिक्षण की आवश्यकता को देखते आधी व चारिण्ड की आय की बढ़ाने में महत्वपूर्ण भूमिका निभाने वाली महिला मंच के कार्यक्रमकर्ताओं को प्रशिक्षण श्रम के प्रबंधन, संजय, निवेन्द्र के द्वारा प्रशिक्षण किया गया इस कार्य प्रशिक्षण में सहभागिता करती

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## CHALLENGES:

- ➔ Due to climate changes and changes in agriculture practices, participants in some activities and workshop are thin.
- ➔ Illiterate SHG members
- ➔ Rigid men's unwillingness to send their wife's for the meetings.
- ➔ Unable to provide sewing machines to ladies who learned tailoring.

## ACHIEVEMENTS:

- ✚ 350 women joined the SHG groups of Prerna
- ✚ SHG'S started function well and it is functioning like small self-banking
- ✚ Women started get better respect in the family
- ✚ Women increased their self-confidence and started express their opinions
- ✚ Due to the increase of awareness about various government schemes villagers claim their rights from government.
- ✚ Improvement in economic condition of women
- ✚ Improved livestock
- ✚ After the counselling women feels a sense of relief and feels empowered.

## IMPACT OF THE PROJECT

The Prerna project has also had a significant impact on the lives of victimized women in project area. During the project formulation, we have focused on the root problems and concerns of the target areas and accordingly we have figured out the strategies and initiatives to counter the identified problems simultaneously strengthening them for their empowerment and social justice. By the formation of the women groups, they have come under one platform and collectively expressing their needs and problems and countering to resolve the same. We have imparted the basic skill training in tailoring mat making, and incense making which developed their skills and competence by adapting the trade for some income generation to upgrade their livelihood. The Project activities carried out with the associated group members have made a gradual impact in the livelihood status of the underprivileged sections of the community. Mostly women and girls were illiterate or drop-out and engaged in agriculture and animal rearing to earn daily bread, so they were not sensitized towards their rights and entitlements; hence they are suppressed by the elite classes. Their capacities on health, hygiene, nutrition, sanitation, government welfare schemes were enhanced and they are taking precautions and special concern towards their health. Through knowledge gain, their self-confidence and vocal skill

have improved and they are able to communicate with confidence in the community. Through legal aid to women who have been victims of violence, enabled them to filing police reports, obtaining restraining orders, and seeking compensation. Psychological counselling. The project provided psychological counselling to women who have been victims of violence. This helped them to deal with the emotional and psychological trauma of their experiences. So, gradually an atmosphere has been created for the significance of the women in the society and they are progressively stepping for their development and self-esteem.

### **Gestures to Manos Unidas:**

“Initiative is the privilege of picking yourself”. This is True of Prerna Project too. Prerna took a great step to empower the women and adolescent girls with Knowledge, Health, and skill training programs. Today people feels proud to be part of Prerna project.

Ultimately, the program is heading in right direction as per the aim and objectives of Manos Unidas and JSKS. JSKS with the beneficiaries are very grateful to Manos Unidas for their immense support in the upliftment of the rural poor women of Jaipur diocese. The beneficiaries and their whole family express their heart felt kind gestures to Manos Unidas and their benefactors for showing your special concern towards them. Today the women and girls feel proud of their identity, as they have realized, they can achieve many things, and they have the power to do great things in life. Once again Jeevandhara express its gratitude and indebtedness on behalf of these little ones, to Manos Unidas for the support and guidance.

We always pray for Manos Unidas for prosperity in their work and the partnership may reign for the development of the underprivileged and neglected ones.

**Sr. Benitta.FSLG**  
**Project Coordinator**