



MICROPROJECT (MP) FINAL REPORT MODEL

KEY FIGURES

MP CODE <i>MP number as indicated in the approval letter</i>	MP n° 2271/24
Country	INDIA
Diocese	JAIPUR
Applicant	JEEVANDHARA SAMAJ KALYAN SANSTHA
Project title	TRAINING THE UNTRAINED FOR SELF- DEVELOPMENT

NARRATIVE REPORT

ACTIVITIES REALISED

The tailoring course conducted for women and girls in the district of Sawai Madhopur was carefully designed and implemented to promote skill development, self-reliance, and economic empowerment. The program began with a detailed community mobilization and awareness campaign to inform local families about the opportunities offered by the course. This involved meetings with village leaders, distribution of pamphlets, and door-to-door interaction to encourage participation, especially from marginalized and economically weaker sections. Once the enrolment process was completed, selected participants were registered and grouped based on their learning levels—beginners and intermediate.

The course curriculum was structured to cover both theoretical knowledge and practical skills. Initial sessions focused on understanding fabrics, basic hand stitching, measurement techniques, and cutting methods. As the training progressed, participants were introduced to machine stitching, designing patterns, sewing various garments such as salwar kameez, blouses, petticoats, and children's clothing. Practical hands-on sessions were conducted daily, where each participant practiced their skills under the guidance of experienced trainers. In addition to technical skills, soft skills like time management, customer interaction, and basic business management were also taught to prepare them for self-employment or setting up small businesses.

Regular assessments were conducted to track the progress of participants. Special focus was given to individual attention, especially for those who required additional support. To ensure holistic development, motivational sessions were held featuring successful women entrepreneurs from nearby areas, who shared their experiences and inspired the trainees. Furthermore, exposure visits to local tailoring shops and small garment manufacturing units were organized to give participants a real-world understanding of the tailoring business.

At the end of the course, a certification ceremony was held, where participants were awarded completion certificates. Some of the most promising trainees were provided with sewing machines or toolkits to help them start their own tailoring ventures. The initiative not only helped the women and girls of Sawai Madhopur gain practical skills but also boosted their confidence, enabling them to contribute to their household incomes and play a more empowered role in society.

RESULTS ACHIEVED

The tailoring course for women and girls in Sawai Madhopur yielded significant and impactful results, both at the individual and community levels. One of the most immediate outcomes was the successful skill development of over 100 participants, who completed the training with the ability to independently cut, stitch, and design a variety of garments. Many of the women who had never used a sewing machine before gained hands-on experience and confidence in operating tailoring equipment, mastering techniques such as pattern making, hemming, piping, and embroidery. This skill acquisition opened new avenues for income generation, with a noticeable number of participants starting their own home-based tailoring units or working in local boutiques and garment shops.

Economically, the course contributed to the financial empowerment of women, many of whom began earning a regular income by taking custom stitching orders from their communities. This not only improved their standard of living but also gave them a newfound sense of independence and decision-making power within their households. Some participants formed self-help groups (SHG) to collectively take on larger tailoring assignments and access microcredit facilities for purchasing raw materials and machines. The training also sparked entrepreneurial spirit among the women, with several expressing interest in expanding their services or opening tailoring Centers to train others.

Socially, the program played a transformative role in boosting the self-esteem and social status of women and girls in the district. Women who were previously confined to domestic roles found a platform to engage with peers, build networks, and participate in community activities. Many girls who had dropped out of school were re-integrated into learning environments through the course, gaining both skills and confidence to pursue further education or vocational training. Additionally, community perceptions began to shift positively, with increased recognition of the capabilities and contributions of women.

Overall, the tailoring course not only provided practical skills but also laid the foundation for long-term economic stability and gender empowerment in Sawai Madhopur. The initiative created a ripple effect, inspiring more women in nearby villages to seek similar opportunities, thereby fostering a culture of skill development and self-reliance across the district.

NUMBER AND TYPE OF BENEFICIARIES REACHED

100 Women & Girls
Unempolyed women
Drop out Girls

CONCLUSIVE NOTES OR COMMENTS

Indicate other useful information.

The tailoring initiative supported by Caritas Ambrosiana has proven to be a transformative program for women in economically disadvantaged communities, particularly in Sawai Madhopur District. By offering structured vocational training in tailoring, the project empowers participants many of whom are school dropouts or from marginalized backgrounds with practical skills that lead to sustainable income opportunities. Beyond economic upliftment, the program fosters self-confidence, leadership, and social inclusion, enabling women to participate more actively in community life and access government welfare schemes. The initiative not only addresses poverty and gender inequality but also strengthens family stability and promotes long-term development by encouraging entrepreneurship and financial independence. We express our gratitude to Caritas Ambrosina for supporting this prgram which enabled us to get some income in our life. We hope to get more help from ypu for the upliftment of our people. May God bless you and your team for the great service to the humanity.